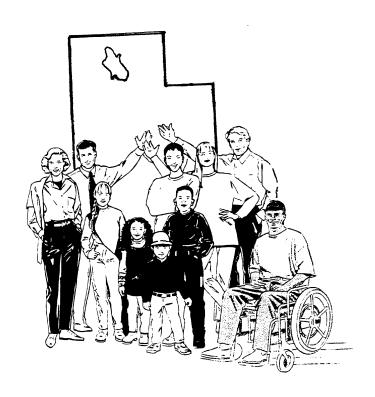
# **Exploring Medicaid**



**Wasatch Front** 

## Davis, Salt Lake, Utah and Weber Counties

## Who to Call for Help

Name	Phone
Medicaid Information Line:	538-6155 or 1-800-662-9651
My Health Plan:	
My Health Program Rep:	
My Eligibility Worker:	
My Doctor:	
My Pharmacy:	
My Mental Health Center:	
My Dentist:	

DOH PM 977 June 2005

## Table of Contents

Welcome l
What if my English is not very good or I am hard of hearing?
May I get this booklet in another language or format?
How do I find out about choosing my Health Plan?
What is an HPR?
The Basics
What is a Health Plan?
Can I change my Health Plan?
What is a TPL?
What if I have problems with benefits?
How do I use my card?
Quick Comparison Chart of Adult Programs
Is it urgent care I need or is it an emergency?9
Urgent Care9
Emergency Care
Am I covered if I am out of area?
Can I get Medicaid for past months?
What do I do with medical bills?
What are my rights?
What if I have problems with eligibility?
Other important things to know?
What is a PCP? (Primary Care Physician)
What is a Referral?

What is a Specialist?
What is Prior Approval or Prior Authorization?
What is a Co-Pay?
What is a Co-Insurance?
Is there a limit to how many prescriptions I can get?
What is an "Out of Pocket" maximum?
Benefits Covered by Medicaid
Ambulance
Birth Control
Case Management
CHEC Program or Well Child Exams
Chiropractic Services
Dental Benefits
Doctor Visits
Emergency Room
Eye Exams and Eyeglasses
Home Health Care
Hospice Care
Hospital Care
Lab and X-ray Services
Maternity Care
Medical Supplies
Mental Health Care

Midwife Services
Nursing Home
Personal Care Services
Physical Therapy / Occupational Therapy
Prescriptions
Over-the-Counter Drug List
Specialists
Speech and Hearing Services
Transportation Services
Waiver Programs
Other State Programs
CHIP
FQHC and RHC
PCN
QMB
Restriction Program
Spenddown Program
The Description 22

#### Welcome

Welcome to Medicaid. We want you and your family to get the health care that you need. This booklet was written to help you learn how to use Medicaid.

You must apply to receive Medicaid benefits. To apply contact your local DWS (Department of Workforce Services) or BES (Bureau of Eligibility Services) office. Or, you may also call the Medicaid Information Line. The phone numbers are in the back of this book in "The Resources" section.

#### What if my English is not very good or I am hard of hearing?

We know that it may be hard to understand us if English is not your first language or if you are hard of hearing. Please ask us for an interpreter who speaks or signs your language to explain the Medicaid Program. Interpreters are free and available in all languages including sign language. Your Health Plan also has interpreters.

## May I get this booklet in another language or format?

Yes, we also have this booklet and other important information in Spanish. You can also get this booklet on audio tape or compact disk (CD) in both English and Spanish.

#### Services for people who are hard of hearing or have speech problems

If you are hard of hearing, you can call Utah Relay Services at 711 or 1-800-346-4128. This is a telephone relay service or TTY/TTD that is a free public service. If you speak Spanish, you can call Spanish Relay Utah at 1-888-346-3162.

If you have a hard time speaking, you can call 1-888-346-5822 and a specially trained person will help you.

Tell us if you need someone to translate for you. We will find someone who speaks or signs your language to explain our programs. Your Health Plan will also provide someone to translate for you. If you need help getting translation call:

Medicaid Information Line Call (801) 538-6155 or 1-800-662-9651

Diganos si usted necesita a alguien que traduzca para usted. Nosotros encontraremos a alguien que hable su idioma para que le explique nuestros programas. Su Plan de Salud y otros planes también le proveerán con alguien que traduzca para usted.

#### How do I find out about choosing my Health Plan?

- ♦ If you received your benefits from the Department of Workforce Services (**DWS**), you will attend a class with your Health Program Representative (HPR).
- ♦ If you received your benefits from the Bureau of Eligibility Services (**BES**), your Eligibility worker will help you.

#### Choose a Health Plan or one will be chosen for you.

## What is an HPR? (Health Program Representative)

An HPR works with the Medicaid program. HPRs usually work in DWS offices.

- ♦ Your HPR teaches classes about Medicaid benefits.
- During class your HPR will talk to you about the Health Plans in your area.
- ♦ Choose a Health Plan that will work best for you.
- ♦ You can change your Health Plan by contacting your HPR or BES worker.
- A list of HPR phone numbers in the back of this book in "Resources".



#### The Basics

#### What is a Health Plan?

If you live in Utah, Salt Lake, Davis or Weber Counties you **must** choose a Health Plan for your medical care. A Health Plan is a group of doctors, clinics, hospitals and other medical experts you will use for your medical care. If a Health Plan doesn't meet your medical needs, talk to your HPR to see if you can not have a Health Plan on your Medicaid card for a short time..

Know your Health Plan and find out how it works. You may be contacted by your Health Plan and be asked questions about your medical needs. Your Health Plan must obey all federal and state laws.

- ♦ The Health Plan is paid every month for you to be a member.
- ♦ The name of your Health Plan prints on your Medicaid card.
- ♦ You must use a doctor, clinic or hospital that takes your Health Plan or your bills may not be paid.
- ♦ Your provider will know where to send the bill.
- You have the right to receive information about your Health Plan each year.

Your Health Plan or Medicaid pays your doctor.

If your doctor is paid less than the full amount, your doctor can't charge you for the rest of the bill for Medicaid covered services.

The Health Plan won't be on your card the first month and sometimes the second month. If there is no Health Plan on your card you can use any provider that accepts Medicaid.

People who are in a nursing home for a long time don't have to have a Health Plan selection.

For decisions made by Medicaid:

- ♦ Call your HPR or
- ♦ Call the Medicaid Information Line.
- ♦ Ask for a State Fair Hearing.



Medicaid Information Line Call (801) 538-6155 or 1-800-662-9651 to ask the State for a Fair Hearing

## Can I change my Health Plan?

- ♦ You can change your Health Plan during open enrollment each year in June. Then your new Health Plan will start July 1<sup>st</sup>.
- ♦ A letter will be sent to you each year to remind you of the open enrollment period.
- ♦ After the change, you will have 90 days to change your Health Plan if you have a problem.
- ♦ If you feel you must change your Health Plan when it is not open enrollment, call your HPR. They may be able to help.
- Remember! Changing your Health Plan may change all the doctors, clinics and other medical experts you may use.

#### What is a TPL? (Third Party Liability)

When you have other health insurance (or Medicare) and Medicaid, this is called a TPL. You must let us know if there is insurance (or Medicare) that covers anyone listed on your Medicaid card. Tell your worker as soon as possible if you get insurance (or Medicare) for anyone that has the same case number you do.

The TPL information prints on your Medicaid Card. You must call the TPL unit at the ORS (Office of Recovery Services) to make any changes. Their phone number prints on the bottom of each Medicaid Card.

You might have to choose a Health Plan to match your insurance. Your worker will tell ORS about your insurance.

Your doctor's office bills your insurance first, then bills the State or Health Plan for the part of the bill your insurance won't cover. Medicaid pays last.

ORS TPL Unit (801) 536-8798 or 1-800-821-2237

#### What if I have problems with benefits?

You may feel a service was limited or denied unfairly, or you are getting a bill you don't think you are supposed to pay. You, or your representative, have the right to question these decisions or actions and ask to have a Fair Hearing.

For decisions or actions made by your Health Plan:

- ♦ Call your Health Plan to talk about the problem. Many times the problem can be taken care of that easily.
- Call your HPR or the Medicaid Information Line. Sometimes they can help.
- ♦ If there is still a problem ask your Health Plan about how to file a Grievance or an Appeal.
- After your Health Plan's final decision, if you still feel you are being treated unfairly you can ask for a Fair Hearing with Medicaid.
- ♦ You must file for a Fair Hearing within 30 days of your Health Plan's final decision.

For decisions made by Medicaid:

- ♦ Call your HPR or
- ♦ Call the Medicaid Information Line.
- ♦ Ask for a State Fair Hearing.

Medicaid Information Line Call (801) 538-6155 or 1-800-662-9651 to ask the State for a Fair Hearing

## How do I use my card?

It is important to know how to use your Medicaid card so you don't have problems getting your bills paid.

- ♦ You will get a colored Medicaid Card\* in the mail each month.
- Check your card each month. Make sure the information on your card is right.
- ♦ The Medicaid program you are eligible for will be printed on your card.
- ♦ Your Health Plan prints on your card.
- ♦ Keep your old cards for at least one year.
- If you don't receive your card or have lost it, call your eligibility worker.

Remember! Always show your card before you get any kind of medical care. Showing your card helps prevent billing problems.

\* The **colored Medicaid Card** tells what program type you have.

The color and Medicaid program types are as follows:

Purple Card = Traditional Medicaid (TM)
Blue Card = Non-Traditional Medicaid (NTM)
Yellow Card = Primary Care Network (PCN)

## Quick Comparison Chart of Adult Medicaid Programs Co-Pays and Co-Insurance

Purple Card Traditional Medicaid 18 years or older	Benefit	Blue Card Non-Traditional Medicaid 19 years or older
* Pharmacy: \$15 per month Inpatient: \$220 per year Physician & Outpatient: \$100 per year	Out of Pocket Maximum	\$500 per calendar year per person
no co-pay	Dental	no co-pay
no co-pay \$6 co-pay for non-emergency use of the ER	Emergency Room	no co-pay \$6 co-pay for non-emergency use of the ER
Office Visit - no co-pay Pharmacy - no co-pay See the current Over the Counter (OTC) list	Family Planning	Office Visit - no co-pay Pharmacy - no co-pay See the current Over the Counter (OTC) list
* \$220 yearly co-pay for non-emergency stays	Inpatient Hospital	* \$220 yearly co-pay for non-emergency stays
no co-pay	Lab	no co-pay
no co-pay	Medical Equipment and Supplies	no co-pay
no co-pay at prepaid Mental Health Center	Mental Health	no co-pay - limited benefit of 30 yearly inpatient stays, 30 yearly outpatient visits

<sup>\*</sup>Pregnant women and children do not have co-pays.

## Quick Comparison Chart of Adult Medicaid Programs Co-Pays and Co-Insurance (continued)

Purple Card Traditional Medicaid 18 years or older	Benefit	Blue Card Non-Traditional Medicaid 19 years or older
no co-pay no co-pay \$1.00 co-pay Chiropractic through Chiropractic Health Plan (CHP)	Occupational Therapy Physical Therapy Chiropractic	\$3 co-pay - limited to a combined 16 visits per calendar year  \$3 co-pay Chiropractic through Chiropractic Health Plan (CHP)
Office visit - \$3 per visit  Outpatient - \$2 per visit	Office Visits & Outpatient	Office visit - \$3 per visit  Outpatient - \$3 per visit - no co-pay for preventative care or immunizations
co-pay \$3 for each prescription - limited to \$15 monthly	Pharmacy	co-pay \$2 per prescription
no co-pay	Transportation	no co-pay
no co-pay - annual eye exam, glasses every two years	Vision Services	Annual coverage limited to \$30 for an eye exam. Glasses not covered
no co-pay	X-Ray	no co-pay

<sup>\*</sup>Pregnant women and children do not have co-pays.

#### Is it urgent care I need or is it an emergency?

#### **Urgent Care**

Urgent care is needed when you have an illness or accident. You get urgent care when your problem is serious, but you could wait one day to see your doctor.

Urgent care problems usually don't cause permanent harm or death. For urgent care, call your doctor. You may be able to see the doctor that same day. Your Health Plan may have urgent care clinics which are open after normal office hours and weekends. Check your Health Plan provider directory.

#### Examples of urgent care:

- ♦ You fall and sprain your wrist or ankle.
- ♦ Your child wakes up in the night with an earache.
- ♦ You have a bad cough or high fever.
- ♦ You are vomiting a lot.
- ♦ You have a cut that needs stitches.

#### **Emergency Care**

Use the hospital emergency room that is closest to you. Use emergency care when you have a serious medical problem that can't wait. In such cases, waiting could mean permanent harm or death.

If you think your medical problem may be an emergency, call 911 or go to the emergency room right away. You don't have to call your doctor first. But, if your doctor or Health Plan tells you to go to the emergency room, go as soon as possible. Your doctor may provide any needed follow-up care.

#### Examples of emergencies:

- Heavy bleeding
- ♦ Chest pain
- ♦ Trouble breathing
- ♦ Bad burns
- ♦ Broken bones
- ♦ Poisoning

If you go to the emergency room for something that is not an emergency, you may have to pay a co-pay or pay the entire bill.



#### Am I covered if I am out of the area?

You are covered for urgent or emergency care when you are out of your service area or out of the state. If you are in Utah where there are no medical providers who take your Health Plan, this is called "out of the area." If while visiting out of the area or out of state you have an emergency, ask the medical provider to bill your Health Plan. Ask the pharmacy to contact the Utah Medicaid Information Line. Routine care is not covered by your Health Plan when you are out of the area.

Your Health Plan pays the bill as long as the provider is willing to bill them for urgent or emergency care. You may need to call your Health Plan to report all out of area urgent or emergency care services.

Medicaid Information Line Call (801) 538-6155 or 1-800-662-9651 If you have any questions about bills.

### Can I get Medicaid for past months?

You can apply for Medicaid coverage for past months. You won't have a Health Plan for those months. Ask your doctors to bill the State. Your doctors *do not* have to accept your Medicaid for past services, but sometimes they will.



#### What do I do with medical bills?

Pay attention to the mail you get from your doctor's office. You may get a bill from your doctor's office. If the bill says "do not pay" or "your insurance has been billed" you don't have to worry about the bill. If the bill says you owe an amount you should:



- 1. Call your doctor's office. Make sure they billed your Health Plan or the State, whichever one you had for the month you were seen.
- 2. If the doctor's office did bill your Health Plan or the State but the bill is still not paid, call your Health Plan or the State.
- 3. If you have called your doctor's office and your Health Plan or the State and you still have problems, call your HPR.

Don't get stuck with the bill.

Be careful of the following things. You could end up paying your own medical bills:

- If you don't show your card before getting care.
- If you don't get a referral before seeing a specialist.
- ♦ If you see someone who isn't part of your Health Plan.
- ♦ If you get a service Medicaid doesn't cover and you have signed a form in your doctor's office saying you know it is not a covered service, but you want the service anyway.
- For services you receive when you are not eligible for Medicaid.
- For services you receive during an Appeal, Grievance or Hearing that is denied.

## What are my rights?

Anyone who thinks they might be eligible for Medicaid may apply. You have the right to be treated fairly and with courtesy and respect.

- You have the right to have your privacy protected and be treated with dignity.
- ♦ You have the right to get medical care no matter what your race, color, nationality, disability, sex, religion or age.
- You have the right to receive information on all available treatment options.
- ♦ You have the right to participate in decisions regarding your medical care, including refusing treatment.
- ♦ You have the right to ask for a copy of your records and request that they be changed.
- ♦ You always have the right to be treated fairly.

If you feel you have been treated unfairly or discriminated against, call the State or your Health Plan and ask for the Civil Rights Coordinator, or call the Federal Office for Civil Rights.

Civil Rights Medicaid Constituent Services 1-877-291-5583

Federal Office for Civil Rights 1-800-368-1019 (Voice 1-800-537-7697 (TDD)

## What if I have problems with eligibility?

When you apply for Medicaid you may be told you are not eligible. You may feel you've been treated unfairly. You have the right to do the following:

- ♦ Talk about the problem with your case worker and their supervisor.
- ♦ Call the "Office of Constituent Services" for help.
- Ask a worker for a Fair Hearing form. Most letters you receive from your worker will have a Fair Hearing form on the back. Fill it out and give it to your worker or their supervisor.

Medicaid Constituent Services Medicaid only - (801)538-6417 or 1-877-291-5583

Medicaid with other programs such as food stamps or financial help - (801) 526-4390 or 1-800-331-4341

#### Other important things to know?

Remember, the State pays your Health Plan and other plans even if you don't use your Medicaid benefits. If you shouldn't have been eligible, you may have to repay the State those payments.

#### What is a PCP? (Primary Care Physician)

A PCP is a doctor you see for most of your medical care. A PCP knows you, your medical history and your family history. You see a PCP for routine care and sudden illness too. A PCP refers you to specialists when you have serious medical problems. A PCP watches over and directs all of your medical care.

Here are examples of the kinds of doctors who can be a PCP:

- ♦ Family Practice (for all ages)
- ♦ Internal Medicine (for adults)
- ♦ Pediatrician (for children)
- ♦ OB/GYN (for women)

Some Health Plans may require that you have a PCP.

If your Health Plan has you choose a PCP, you need to go to that doctor for most of your medical care. If your Health Plan doesn't have you choose a PCP, you can see any PCP who is with your Health Plan. You may need to get a referral before you see a specialist.

#### What is a Referral?

Sometimes you may need health care from a specialist that your primary care doctor cannot provide. You may need a referral to receive this care. Your doctor may send a referral form or call the specialist for you if your Health Plan requires a referral.

## What is a Specialist?

A specialist is a doctor who works with certain health problems. Examples of doctors who are specialists:

- ♦ Cardiologist (Heart)
- ♦ ENT (Ear Nose and Throat)
- ♦ Orthopedist (Bone)

Your doctor might suggest a couple of specialists you could see. You must find a specialist who is part of your Health Plan. You will have to pay the bill if you see a specialist who is not part of your Health Plan.

#### What is Prior Approval or Prior Authorization?

To get some services covered by Medicaid or your Health Plan, your doctor may need permission first. This is called a prior approval or prior authorization. Most services don't need a prior approval, but some do. Your doctor's office must get permission before they give you a service that needs a prior approval.

If a request for a prior approval or authorization is denied or not approved, you will receive a letter with instructions on how to ask for a change in the decision.

#### What is a Co-Pay?

You may have to pay a fee for some benefits and services, this is called a co-pay\*.

A message will be printed on your medical card if you have a co-pay. You may need to pay a fee or co-pay when you:

- ♦ Visit the doctor or clinic
- ♦ Visit the hospital for outpatient services
- ♦ Pick up your prescriptions

Other things you may want to know about the co-pay:

- If you do not pay your co-pay your doctor or medical provider can refuse to see you.
- ♦ You should get a receipt for your co-pay from your medical provider each time you see them.
- ♦ Make sure you save your receipts.

#### What is a Co-Insurance?

You may have to pay a fee when you stay overnight as a patient in the hospital, this is called co-insurance\*:

- A message will print on your medical card if you need to pay this fee.
- Get and save a receipt for your co-insurance from the hospital.

<sup>\*</sup>Pregnant women and children do not have a co-pay.

<sup>\*</sup>Pregnant women and children do not pay co-insurance.

## Is there a limit to how many prescriptions I can get?

You may have a limited number of prescriptions per month with some Medicaid programs.

- ♦ Medicaid will review your medical history to see if you need more than the allowed prescription limit each month.
- ♦ You may be notified when you have used more than the allowed prescriptions per month.
- Over the Counter Drugs will count as part of your total number of prescriptions.

#### What is an "Out of Pocket" maximum?

Each Medicaid program has a limit or maximum to the amount you pay in co-pays and co-insurance each year:

- ♦ The amount you pay is counted from January through December.
- Get receipts for your co-pays and co-insurances.

If you have questions, call The Medicaid Information Line

(801) 538-6155 or 1-800-662-9651

#### **Basic Medicaid Benefits**

## **Benefits Covered by Medicaid**

- ♦ Ambulance
- ♦ Birth Control
- ♦ Case Management
- ♦ CHEC Program or Well Child Exams
- ♦ Chiropractic Services
- ♦ Dental
- ♦ Doctor Visits
- ♦ Emergency Room
- ♦ Eye Exams and Eyeglasses
- ♦ Home Health Care
- ♦ Hospice Care
- ♦ Hospital
- ♦ Lab and X-ray
- ♦ Maternity Care
- ♦ Medical Supplies
- ♦ Mental Health
- ♦ Midwife Services
- ♦ Nursing Home Services
- ♦ Over-the-Counter Drugs
- ♦ Personal Care Services
- ♦ Physical Therapy/ Occupational Therapy
- ♦ Prescriptions\*
- ♦ Specialists
- Speech and Hearing Services
- ♦ Tobacco Cessation Services for Pregnant Women
- ♦ Transportation Services
- ♦ Waiver Programs

We want you to find out more about the benefits covered by Medicaid. Some benefits may not be covered or may be limited depending on which Medicaid program you qualify for.

\*After January 1, 2006, Medicaid clients who are eligible for Medicare will not have prescription benefits.

#### **Ambulance**

When seconds count call 911 for an ambulance. The State covers ambulance services in an emergency. Air ambulance is covered when a ground ambulance can't get you to medical care fast enough. Tell the ambulance to take you to the closest hospital.

#### **Birth Control**

You may get family planning services from any provider who accepts State Medicaid or your Health Plan without a co-pay. You don't need a referral. You can get some types of birth control in the doctor's office. For others, the doctor will write a prescription. The following forms of birth control may be covered by your Medicaid program.

- ♦ Birth Control Pills
- ♦ Foams
- ♦ Creams
- ♦ Diaphragms
- ♦ IUDs
- ♦ Norplant
- ♦ Birth Control Patches
- ♦ Shots (Depoprovera)
- ♦ Condoms
- ♦ Emergency Birth Control (Morning After Pill)
- ♦ Sterilization\*

\*Medicaid may pay for a woman to get her tubes tied or a man to have a vasectomy (sterilization). You must be 21 or older and both you and your doctor must sign a "consent form" 30 days before the surgery. Medicaid doesn't pay to reverse these surgeries.

## **Case Management (Coordination of Care)**

Some Health Plans have case management programs. If you have serious health problems, ask to speak with a case manager with your Health Plan. A case manager helps make sure you get the medical care you need.

#### **CHEC Program or Well Child Exams**

CHEC is for Child Health Evaluation and Care. This is a special benefit for children on Medicaid. CHEC is about keeping children healthy. Anyone from birth through age 20\* who is on Medicaid can get CHEC covered services.

\*NTM (Non-Traditional Medicaid) covers CHEC exams through age 18.

Regular checkups help keep your children healthy. Some problems start before your child looks or feels sick. Your doctor can find and treat these problems early, before they lead to a serious problem.



#### CHEC services include:

- ♦ Well child exams by your child's doctor. A head-to-toe exam that includes health history, eating habits, eyesight and hearing exam, lead screening (if requested) and growth and development check.
- ♦ Shots (immunizations) to keep your child healthy.
- ♦ Dental checkups by your child's dentist. A complete exam and cleaning twice a year. Fluoride treatment and sealants are covered for children. Your child's first dental visit should be at age one.
- Follow up treatment and care if a health problem is found during a CHEC exam.
- ♦ Children may receive benefits that are usually not covered by Medicaid.

When should my child have a CHEC checkup?

- ♦ Newborns as soon as possible after birth.
- ♦ Babies 1, 2, 4, 6, 9, 12, 15, 18, and 24 months. Shots are due at many of these visits.
- ♦ Toddlers ages 3, 4, and 5. More shots are due at some of these visits.
- ♦ Children ages 6, 8, 10 and 12.
- ♦ Teenagers and Young Adults ages 14, 16, 18 and 20.

If you missed a check up at one of these ages, take your child in as soon as possible. Ask for a CHEC exam while making the appointment and tell your doctor you have Medicaid. Remember to take your child's shot record with you.

Your local health department has more information about the CHEC program. Call and they will help you make an appointment for a CHEC exam. Or, you can call your doctor or dentist yourself. The numbers for the local health departments are in "The Resources" section at the back of this book.

#### Chiropractic Services (Chiropractic Health Plan)

Your chiropractic benefits are covered under the Chiropractic Health Plan. Your plan pays the bills for your chiropractic care. You may see any chiropractor who is on the plan.



Services are limited. To learn more about your chiropractic benefits call (801) 352-7270 or 1-800-339-5958.

#### **Dental Benefits**

Your dental Services may include routine dental exams, fillings, x-rays, stainless steel crowns, limited root canals, dentures and partial dentures and sealants for children. Some oral surgery can be covered as well.

The State has clinics where you can get your dental care. They are called Family **D**ental **P**lan clinics. Check "The Resources" section to see if there is one in your area. You can also call your dentist to see if they accept Medicaid. Or, call the Medicaid Information Line for names of dentists in your area.

Medicaid Information Line

Call (801) 538-6155 or 1-800-662-9651

#### **Doctor Visits**

Medicaid pays for you to see the doctor when you are having health problems. Most of the time you can get the treatment you need from your primary care doctor (PCP). We have explained PCP earlier in the book on page 14. If your doctor feels your problems are too serious to treat in the office, your doctor may refer you to a specialist. Make sure that you see a doctor who accepts your Health Plan.

#### **Emergency Room**

Use the emergency room only when you have a serious medical problem that cannot wait. Waiting could mean permanent harm or death.

In an emergency, call 911 or go to the emergency room right away. You don't have to call your doctor first. Your doctor may provide any care needed to follow up after the emergency. We have explained the emergency room in more detail earlier in the book on page 9.

#### Eye Exams and Eyeglasses

Medicaid *may* cover services for both Optometrists and Ophthalmologists. An Optometrist is trained to examine eyes and prescribe eyeglasses. An Ophthalmologist is a medical doctor who specializes in eye disease and can perform eye surgery.

You may need to get a referral from your doctor before you see an Ophthalmologist. You don't need a referral to see an Optometrist.

If glasses are a covered benefit under your program, your provider will show you a selection of glasses to choose from that Medicaid will pay for in full. You can choose more expensive eyeglasses. But, you must pay the difference between what your Health Plan pays and the cost of the more expensive glasses. Make sure you sign an agreement if you are going to pay for more expensive glasses.

#### **Home Health Care**

Home health care is for people who are too sick to leave their home. It is for people who can't go to the doctor's office for care they need, but don't need to be in a hospital or nursing home. Prior approval is needed to receive home health care.

Some types of care you *might* receive in your home are:

- ♦ Physical therapy and other therapies
- ♦ Nursing
- ♦ Care from a Home Health Aide

Talk to your doctor if you need home health care. Before you get any home health care your doctor must first write an order for you. You must use a Home Health Agency that is part of your Health Plan.



#### **Hospice Care**

Hospice is care for people who are sick with no hope of getting better. Hospice care helps people to be comfortable when they are dying. Talk to your doctor if you need these services.

## **Hospital Care**

Medicaid covers both inpatient and outpatient hospital care. You need a referral from your doctor before you use hospital services. Prior approval is needed for some hospital services. Use a hospital that is with your Health Plan.

#### Lab and X-ray Services

Many Lab and X-ray services are covered by Medicaid. You might get these services in your doctor's office. Your doctor might need to refer you to another clinic, lab or hospital that is with your Health Plan.

## **Maternity Care**

If you think you are pregnant, see a doctor as soon as possible. To receive prenatal benefits, call your worker to report the pregnancy. Early prenatal care helps you give birth to a healthy baby.

You may choose to see a specialist such as an OB-GYN or a CNM (Certified Nurse Midwife) that is with your Health Plan. Medicaid covers:

Prenatal visits, lab work and tests you may need (like an ultrasound).

- ♦ Charges for labor and delivery
- ♦ Anesthesia (pain treatment)
- ♦ Hospital stay
- ♦ Your 6 week checkup after the baby is born

You can stay in the hospital for as long as your provider feels it is necessary.

Your baby *may* be covered by Medicaid for a year. Call your eligibility worker as soon as possible to report the birth of your baby.

#### **Medical Supplies**

Medicaid may cover many medical supplies. Some examples of medical supplies are:

- **♦** Wheelchairs
- ♦ Prosthetic devices
- ♦ Bandages or wound care supplies
- ♦ Vaporizers or humidifiers



Talk to your doctor if you need medical supplies. Your doctor may write an order. Give the order to a medical supplier who is with your Health Plan.

#### **Mental Health Care**

Every month Medicaid pays money so you can be part of a **P**repaid **M**ental **H**ealth **P**lan (PMHP). The PMHP's name prints on your Medicaid card. A list of PMHP's are in "The Resources" section of this booklet. The PMHP pays most of your mental health bills. Earlier in the book on page 11, you will find information about what to do if you get a bill.

Mental Health Services your PMHP can provide are:

- ♦ Inpatient mental health services
- **♦** Evaluations
- ♦ Medication Management
- ♦ Psychological Testing
- ♦ Individual and Group Therapy
- ♦ Skills Development Services
- ♦ Case Management Services
- ◆ Transportation to Mental Health appointments (Call your PMHP or talk to your therapist if you need help with transportation)
- ♦ Personal Services
- ♦ Respite Care

Children who are in foster care get inpatient mental health services through the PMHP. Foster care children may use any Medicaid provider for outpatient mental health services.

If you need inpatient drug or alcohol detox services, check with your Health Plan. You can get outpatient substance abuse services from any Medicaid substance abuse provider.



#### What if I have problems with Mental Health benefits?

You may think a Mental Health service was denied when it shouldn't have been. You might have an unpaid Mental Health bill. You have the right to question these decisions and ask to have a Fair Hearing.

For decisions made by your PMHP that you don't agree with:

- Call your therapist or PMHP to talk about the problem.
- ♦ Call the Medicaid Information Line.
- ♦ Call your HPR.
- If there is still a problem, ask your PMHP about filing a grievance.
- ♦ If you still feel your PMHP is being unfair, ask for a Fair Hearing with State Medicaid.

#### Midwife Services

You can choose to see a midwife for care during your pregnancy. You must choose a certified nurse midwife who is with your Health Plan. Certified nurse midwives can deliver babies in the hospital in case of an emergency during delivery.



## **Nursing Home**

Medicaid covers nursing home care. Long term care is when a person stays in a nursing home more than 30 days. Long term nursing home patients do not have to select a Health Plan. Talk to your worker about any special rules with long term nursing home eligibility.

Short term care is when a patient goes from a hospital to a nursing home to continue recovering. When this stay is less than 30 days they will continue with their Health Plan.

#### **Personal Care Services**

Personal Care Services such as bathing, feeding and dressing may be covered. This help is for people who can't do these things for themselves. Personal care is provided by a home health care aide. Talk to your doctor if you need these services. The services are provided by a home health agency that is with your Health Plan.



#### Physical Therapy / Occupational Therapy

Physical therapy may be covered for some serious problems. Physical therapy may be ordered by your doctor when it will improve your medical condition. Make sure to use a physical therapist who is with your Health Plan.

#### **Prescriptions**

If you are eligible for Medicare, please talk to your HPR or eligibility worker regarding prescription benefit changes.

Not all drugs are covered, even with a doctor's prescription. Generic brands are covered by Medicaid. If there is no generic brand for the drug you need you may get the name brand. Some prescriptions require prior approval.

The number of prescriptions Medicaid will pay for each month may be limited by your Medicaid program.

- ♦ Medicaid will review your medical history to see if you need more than the allowed prescriptions per month.
- Over-the-Counter Drugs will count as part of your allowed prescriptions.
- If you have any questions call the Medicaid Information Line.

Your Medicaid card will say whether or not you have to pay a co-pay for prescriptions.



#### **Over-the-Counter Drug List**

Medicaid covers many over-the-counter medicines like aspirin, Tylenol, cough and cold remedies. You need a prescription for Medicaid to pay for them. Here is a list of covered drugs. Remember: Over-the-Counter drugs are counted towards your monthly prescription limit.

Listed are some common brand names to help you know what is covered. Prescriptions may be filled with the generic brand.

Acetone tests Glucose blood tests, Chemstrip BG, One-

Actifed\* touch, Ultra etc. Glucose urine tests,

Alcohol swabs Clinitest, Clinistix, Diastix, etc

Antacid liquid & tablets (Tums) Glucose

Aspirin\* Gyne-Lotrimin\*

Axid AR Hydrocortisone cream, ointment or

Benadryl\* suppositories\*

Benylin Imodium AD\*

Buffered aspirin\* Insulin\*

Calcium tablets (but not oyster shell)

Insulin syringe (with disposable needle) 100

Chlor-trimeton max

Citrate of Magnesia Iron supplement (Ferrous Salts)

Claritin, Claritin decongestant Kaopectate

Codimal DM Lancets\* (Does not count toward monthly

Contraceptive creams, foams, tablets, limit)

condoms\* Lotrimin, Lotrimin AF\*

Dramamine Maalox suspension

Drixoral Mag-Carb

DSS caps, liquid, syrup and Metamucil\*

concentrate drops %5\*

Milk of Magnesia\*

Dulcolax\* Monistat 7\*

Motrin tablets or drops\* Prophylactics or condoms, male and female\*

Mycelex OTC Rid\*

Naldecon DX Robitussin\*

Neosporin ointment\* Robitussin DM\*

Niacin 250 mg, 500 mg Sudafed

Nix\* Tagamet HB\*

Pediacare Cough-Cold Tavist 1

Pedia Relief Cough & Cold Tri Vi Sol (under age 5)

Pedialyte (covered only until age 10) Triaminic line\* (generic only)

Pepcid AC\* Tylenol \*

Pepto-Bismol Zantac 75\*

Poly Vi Sol (under age 5)

This list may change without notice.

<sup>\*</sup>Non-Traditional Medicaid covers only the drugs with the (\*).

#### **Specialists**

Your doctor may refer you to a specialist if you have a serious health problem. Make sure you use a specialist who works with your Health Plan.

#### **Speech and Hearing Services**

Some Medicaid programs *may* cover Speech and Hearing Services. Your doctor may refer you to a speech therapist or an audiologist.

#### **Transportation Services**

If you do not have a car or a way to get to the doctor, Medicaid *may* cover your trip to and from medical appointments. This may include:

- ♦ UTA Bus Pass
- ♦ UTA Flex Trans
- ♦ *PickMeUp* Medical Transportation

UTA Bus Pass - Call your Medicaid case worker and ask if your Medicaid program covers a bus pass. If it is a benefit, the pass will come in the mail each month with your Medicaid card. Show your Medicaid card and bus pass to the driver.

UTA Flex Trans- If there is a medical reason you can't use the bus, you may qualify for services through UTA FlexTrans. To apply for this service call UTA at:

Salt Lake County	566-2334
Weber County	393-1736
Davis County	1-888-394-9150
Utah County	374-9306

**PickMeUp** - For Routine transportation from **PickMeUp**, your doctor must mail a letter to them stating the medical condition that qualifies you for door-to-door transportation. You must call 24 hours in advance of scheduled routine appointments to arrange for **PickMeUp**.

For Urgent care you do not need a letter on file. *PickMeUp* will call your doctor to verify the need for urgent care.

Call Pi	скМеUр
1-888-8	22-1048

#### **Waiver Programs**

Some people with special needs may qualify for Medicaid through waiver programs. If you do, you will get some extra benefits. Waivers let Medicaid pay for support and services to help people live safely in their own homes or the community.

The services may include:

- ♦ Emergency response service
- ♦ Homemaker service
- ♦ Group home
- ♦ Day treatment center
- ♦ Adult day care
- ♦ A private nurse
- ♦ Family support
- Respite care for family members who need a break from caring for disabled or elderly family members
- ♦ Someone to help you work at a job
- ♦ Transportation to places other than a doctor's office or clinic

Waivers allow Medicaid to pay a Case Manager to help you get this care. The extra services are different for each waiver program.

These programs limit the number of people who may be served. For information about how to apply for a waiver program, call the numbers below.

- ♦ Brain Injury Waiver
  Call DSPD (Division of Services for People with Disabilities) at (801) 538-4200
- ♦ DDMR Waiver (**D**evelopmentally **D**isabled/ **M**entally **R**etarded) Call DSPD at (801) 538-4200
- ◆ Technology Dependant/ Medically Fragile Children Waiver (Sometimes called the Travis-C Waiver).
   Call CSHCS Children's Special Health Care Services at 1-800-829-8200
- ♦ Aged Waiver Call AAA (Area Agency on Aging) 1-800-541-7735
- ♦ Personal Assistance Waiver Call (801)538-4200



#### **Other State Programs**

- ♦ CHIP (Child Health Insurance Program)
- ◆ FQHC (Federally Qualified Health Centers) and RHC (Rural Health Centers)
- ♦ PCN (Primary Care Network of Utah)
- ♦ QMB (Qualified Medicare Beneficiary)
- ♦ The Restriction Program
- ♦ Spenddown Program (Medically Needy)

#### CHIP (Child Health Insurance Program)

CHIP is a state health insurance plan for children who qualify. Apply for CHIP during Open Enrollment. To find out when Open Enrollment will be held, watch and listen for TV, radio, and other announcements. You may also call 1-877-KIDS-NOW (1-877-543-7669) or visit the CHIP website at <a href="www.health.utah.gov/chip">www.health.utah.gov/chip</a>. During Open Enrollment apply online, mail in an application, or visit a Utah Department of Health eligibility office.

#### FQHC (Federally Qualified Health Centers) and RHC (Rural Health Centers)

Utah has a number of FQHCs and RHCs. These are clinics that have received special grant money to provide medical care to people who don't have any insurance. They also see patients who have insurance including Medicaid.

If you have family members not covered by Medicaid, this is a good resource for them to get low-cost medical care. The cost is based on income. A list of health centers is in "The Resources" section.

## PCN (Primary Care Network of Utah)

The Primary Care Network (PCN) is health coverage for adults who qualify. PCN covers about 19,000 Utah adults. PCN covers preventive services. Applications are only accepted during enrollment sessions. The federal government requires PCN to enroll more parents than people without children. Because of this, PCN schedules separate enrollment times for parents and those without children. To enroll, watch and listen for announcements about the next PCN enrollment session in the news or visit online.Call 1-888-222-2542 or visit www.health.utah.gov/pcn for information.

#### **PCN Covered at Work**

Covered at Work may be able to help pay for part of your health insurance. You must qualify and have access to health insurance through your job. Covered at Work helps pay for private health insurance. Up to 6,000 working Utahns may enroll. If you qualify, you will be reimbursed for up to \$50 of the cost of your part of your health insurance each month. Apply by mail, online, or visit a Utah Department of Health eligibility office. For questions or to get an application, call the Health Resource Line at 1-888-222-2542. To apply online or for more information, visit www.health.utah.gov/caw

#### **QMB** (Qualified Medicare Beneficiary)

QMB is a program that pays your Medicare premiums, co-pays and deductible. To learn more about the QMB program, contact the office where you apply for Medicaid.

Some people get both QMB and Medicaid. If you are eligible for QMB only (no Medicaid benefits), you will receive a special QMB card showing you are eligible for the program. *This program is limited to Medicare benefits only*. Show your QMB card along with your Medicare card when you get medical treatment. This shows your doctors and clinics that your co-pays and deductibles are covered.

#### **Restriction Program**

The Restriction Program is for people who have a serious problem knowing how to use their Medicaid card. If someone is placed in the Restriction Program they will have a doctor and pharmacy that prints on their card along with their Health Plan. They need to get all of their care from the one doctor and all their prescriptions from the one pharmacy.

If you are part of the Restriction Program you are allowed to change the doctor and pharmacy. You must go through your Restriction Program Manager. You can contact them by calling (801) 538-9984 or 1-800-662-9651 (press #900).

## **Spenddown Program (Medically Needy)**

Spenddown is when you pay to receive a Medicaid card. You pay the amount you are above the Medicaid income limit. You must meet all other conditions to qualify. Not all Medicaid programs allow you to spenddown.

## Resources



## Resources

Access Utah Network-Disability Information & Referral
155 S 300 W Suite 100 Salt Lake City, 84102
Toll Free Dial '1' & Then
Aging Services
2001 S State, #S-1500 Salt Lake City, 84190
Weber County, Ogden
Davis County, Farmington
Utah, Summit & Wasatch County (801) 229-3804
AIDS/HIV Prevention and Services
288 N 1460 W Salt Lake City, 84114
Toll Free Dial '1' & Then
AIDS/Ryan White Title III (Medical Services for people with AIDS/HIV)
50 N Medical Drive Salt Lake City, 84132 (801) 581-8479
American Red Cross
465 S 400 E Salt Lake City, 84110
Toll Free Dial '1' & Then
Arthritis Foundation
448 E 400 S Suite 103 Salt Lake City, 84111 (801) 536-0990
Toll Free Dial '1' & Then
Baby Your Baby Hotline
Toll Free Dial '1' & Then
Blind and Visually Impaired (Division of Services)
250 N 1950 W STE B, Salt Lake City, 84116 (801) 323-4343
Toll Free Dial '1' & Then
BES (Bureau of Eligibility Services) Medicaid
Toll Free Dial '1' & Then
Cancer Information Service
Toll Free Dial '1' & Then
Catholic Community Services
2570 W 1700 S Salt Lake City, 84104
Ogden
CHEC (Child Health Evaluation and Care) Program
See "Local Health Depts"
CSHCS (Children's Special Health Care Services)
Toll Free Dial '1' & Then
CHIP (Child Health Insurance Program)
Toll Free Dial '1' & Then

Chiropractic Health Plan
9135 S Monroe Ste B Sandy, 84070
Toll Free Dial '1' & Then
CAP (Community Action Program)
764 S 200 W Salt Lake City, 84101
Constituent Services
Governor's Office
Toll Free Dial '1' & Then
Medicaid (only)
Toll Free Dial '1' & Then
Medicaid (with other programs)
Toll Free Dial '1' & Then
Deaf, Utah Association for the , Inc.
5709 S 1500 W Salt Lake City, 84123
Diabetes Association
340 E 400 S Salt Lake City, 84111
Toll Free Dial '1' & Then
Disabled Rights Action Center
2757 S 300 W Salt Lake City
Toll Free Dial '1' & Then
DSPD (Division of Services to People with Disabilities)
655 E 4500 S Murray, 84114
Domestic Violence Information
Toll Free Dial '1' & Then
Easter Seal Society of Utah
638 E Wilmington Ave Salt Lake City, 84106
Toll Free Dial '1' & Then
Family Dental Plans
Heber: 55 S 500 E Heber City, 84032 (435) 654-2700
Layton: 360 S Fort Lane Bld 3 Suite A Layton, 84041 (801) 546-2263
Ogden: 298 24 <sup>th</sup> St. Suite 360 Ogden, 84401 (801) 394-4495
Provo: 150 E Center St. Suite 1100 Provo, 84606 (801) 374-7011
Salt Lake City: 3195 S Main St, Suite 200, Salt Lake City (801) 468-0342
Salt Lake City: 4535 S 5600 W Salt Lake City, 84120 (801) 969-8243
St George: 321 N Mall Dr Suite 101 St George, 84771 (435) 652-3806
FQHC (Federally Qualified Health Centers) (income based fees)
Carbon Medical Services: 305 Center St. East Carbon, 84520 (435) 888-4411
Central City Community Health Center
461 S 400 E Salt Lake City, 84111
Copperview Community Health Center
8446 S Harrison Midvale, 84047 (801) 566-5494

Enterprise Valley Med. Center	
223 S 200 E Enterprise, 84725	(435) 878-2281
Green Valley Medical Center	•
305 W Main, Green River, 84525	(435) 564-3434
Midtown Community Health Center	
670 28 <sup>th</sup> Street Ogden, 84403	(801) 393-5355
Montezuma Creek Health Center	
262 Montezuma Creek, 84534	(435) 651-3291
Mountainlands Community Health Center	
215 W 100 N Provo, 84601	(801) 374-9660
Oquirrah View Community Health Center	
4745 S 3200 W Salt Lake City, 84118	(801) 964-6214
Stephen D. Ratcliffe Health Clinic	
1365 W 1000 N Salt Lake City, 84116	(801) 328-5750
Southwest Utah Community Health Center	
168 North 100 East St. George, 84770	(435) 986-2565
Wasatch Homeless Health	
404 S 400 W Salt Lake City, 84101	(801) 364-0058
Wayne County Medical Clinic	
128 S 300 W Bicknell, 84175	(435) 425-3744
Health Clinics of Utah	
Ogden: 2540 Washington Blvd, Ste 122, 84401	
Provo: 150 E Center St, Rm1100, 84606	` /
Salt Lake: 3195 S Main St, #200, 84115	(801) 468-0354
Health Plans	
Healthy U	
Toll Free Dial '1' & Then	(888) 271-5870
IHC Access (Medicaid Information Line)	
Toll Free Dial '1' & Then	(800) 662-9651
Molina (formerly AFC)	(000) 400 07 (0
Toll Free Dial '1' & Then	(888) 483-0760
HPRs (Health Program Representatives)	
American Fork	(001) 254 5064
895 N 900 E American Fork, 84003	(801) 3/4-/864
Clearfield	(0.01) 77 ( 7277
1350 E 1450 S Clearfield, 84015	(801) //6-/3//
Ogden	
2540 Washington Blvd. Ogden 84402 or	(901) (2( 2251
480 27 <sup>th</sup> St Ogden, 84401	` /
or call	(801) 020-3330

Provo	
150 E Center Street Provo, 84606 or	
1550 N Freedom Blvd Provo, 84604	(801) 374-7864
Roy	
1951 W. 5400 So. Roy, 84067	(801) 776-7200
Spanish Fork	
1185 N Chappel Drive Spanish Fork, 84660	(801) 374-7864
SLC/ Expo	
158 S 200 W Salt Lake City, 84145	(801) 524-9071
SLC/ Metro	
720 S 200 E Salt Lake City, 84111	(801) 536-7112
SLC/ Midvale	(004) 7.7
7292 S State St Salt Lake City, 84047	(801) 567-3835
SLC/ South County	(001) 2(0, 40(0
5735 Redwood Rd Taylorsville, 84123	(801) 269-4860
West Valley	(901) 940 4456
2750 So 5600 W West Valley City, 84120	(801) 840-4430
763 W 700 S Woods Cross, 84087	(801) 208 6600
Indian Walk In Center	(801) 298-0000
120 W 1300 S Salt Lake City, 84115	(801) 486-4877
	(001) 100 1011
Information & Referral	211
Information & Referral	211
Information & Referral	211
Local Health Departments Bear River District Health	
Local Health Departments	
Local Health Departments  Bear River District Health  655 E 1300 N Logan, 84321	(435) 752-3730
Local Health Departments  Bear River District Health  655 E 1300 N Logan, 84321	(435) 752-3730
Local Health Departments  Bear River District Health  655 E 1300 N Logan, 84321  Bountiful Clinic  1650 S Main #109B Bountiful, 84010	(435) 752-3730 (801) 451-3310
Local Health Departments  Bear River District Health  655 E 1300 N Logan, 84321  Bountiful Clinic  1650 S Main #109B Bountiful, 84010  Central Utah Health Dept	(435) 752-3730 (801) 451-3310
Bear River District Health 655 E 1300 N Logan, 84321  Bountiful Clinic 1650 S Main #109B Bountiful, 84010  Central Utah Health Dept 70 Westview Dr. Richfield, 84701  Davis County Health Dept Courthouse Annex: 50 State St Farmington, 84025	(435) 752-3730 (801) 451-3310 (435) 896-5451
Local Health Departments  Bear River District Health  655 E 1300 N Logan, 84321  Bountiful Clinic  1650 S Main #109B Bountiful, 84010  Central Utah Health Dept  70 Westview Dr. Richfield, 84701  Davis County Health Dept  Courthouse Annex: 50 State St Farmington, 84025  Ellis Shipp Public Health Clinic	(435) 752-3730 (801) 451-3310 (435) 896-5451 (801) 451-3310
Bear River District Health 655 E 1300 N Logan, 84321  Bountiful Clinic 1650 S Main #109B Bountiful, 84010  Central Utah Health Dept 70 Westview Dr. Richfield, 84701  Davis County Health Dept Courthouse Annex: 50 State St Farmington, 84025  Ellis Shipp Public Health Clinic 4535 S 5600 W West Valley City, 84120	(435) 752-3730 (801) 451-3310 (435) 896-5451 (801) 451-3310
Local Health Departments  Bear River District Health  655 E 1300 N Logan, 84321  Bountiful Clinic  1650 S Main #109B Bountiful, 84010  Central Utah Health Dept  70 Westview Dr. Richfield, 84701  Davis County Health Dept  Courthouse Annex: 50 State St Farmington, 84025  Ellis Shipp Public Health Clinic  4535 S 5600 W West Valley City, 84120  Layton Clinic	(435) 752-3730 (801) 451-3310 (435) 896-5451 (801) 451-3310 (801) 963-7335
Bear River District Health 655 E 1300 N Logan, 84321 Bountiful Clinic 1650 S Main #109B Bountiful, 84010 Central Utah Health Dept 70 Westview Dr. Richfield, 84701 Davis County Health Dept Courthouse Annex: 50 State St Farmington, 84025 Ellis Shipp Public Health Clinic 4535 S 5600 W West Valley City, 84120 Layton Clinic 360 S Fort Lane Layton, 84041	(435) 752-3730 (801) 451-3310 (435) 896-5451 (801) 451-3310 (801) 963-7335
Bear River District Health 655 E 1300 N Logan, 84321 Bountiful Clinic 1650 S Main #109B Bountiful, 84010 Central Utah Health Dept 70 Westview Dr. Richfield, 84701 Davis County Health Dept Courthouse Annex: 50 State St Farmington, 84025 Ellis Shipp Public Health Clinic 4535 S 5600 W West Valley City, 84120 Layton Clinic 360 S Fort Lane Layton, 84041 Rose Park	(435) 752-3730 (801) 451-3310 (435) 896-5451 (801) 451-3310 (801) 963-7335 (801) 451-3310
Bear River District Health 655 E 1300 N Logan, 84321  Bountiful Clinic 1650 S Main #109B Bountiful, 84010  Central Utah Health Dept 70 Westview Dr. Richfield, 84701  Davis County Health Dept Courthouse Annex: 50 State St Farmington, 84025  Ellis Shipp Public Health Clinic 4535 S 5600 W West Valley City, 84120  Layton Clinic 360 S Fort Lane Layton, 84041  Rose Park 1625 W 700 N, Salt Lake City, 84116	(435) 752-3730 (801) 451-3310 (435) 896-5451 (801) 451-3310 (801) 963-7335 (801) 451-3310
Bear River District Health 655 E 1300 N Logan, 84321  Bountiful Clinic 1650 S Main #109B Bountiful, 84010 Central Utah Health Dept 70 Westview Dr. Richfield, 84701 Davis County Health Dept Courthouse Annex: 50 State St Farmington, 84025 Ellis Shipp Public Health Clinic 4535 S 5600 W West Valley City, 84120 Layton Clinic 360 S Fort Lane Layton, 84041 Rose Park 1625 W 700 N, Salt Lake City, 84116 Salt Lake City/County Health	(435) 752-3730 (801) 451-3310 (435) 896-5451 (801) 451-3310 (801) 963-7335 (801) 451-3310 (801) 322-0502
Bear River District Health 655 E 1300 N Logan, 84321 Bountiful Clinic 1650 S Main #109B Bountiful, 84010 Central Utah Health Dept 70 Westview Dr. Richfield, 84701 Davis County Health Dept Courthouse Annex: 50 State St Farmington, 84025 Ellis Shipp Public Health Clinic 4535 S 5600 W West Valley City, 84120 Layton Clinic 360 S Fort Lane Layton, 84041 Rose Park 1625 W 700 N, Salt Lake City, 84116 Salt Lake City/County Health 610 S 200 E Salt Lake City, 84111	(435) 752-3730 (801) 451-3310 (435) 896-5451 (801) 451-3310 (801) 963-7335 (801) 451-3310 (801) 322-0502 (801) 468-2750
Local Health Departments  Bear River District Health 655 E 1300 N Logan, 84321  Bountiful Clinic 1650 S Main #109B Bountiful, 84010  Central Utah Health Dept 70 Westview Dr. Richfield, 84701  Davis County Health Dept Courthouse Annex: 50 State St Farmington, 84025  Ellis Shipp Public Health Clinic 4535 S 5600 W West Valley City, 84120  Layton Clinic 360 S Fort Lane Layton, 84041  Rose Park 1625 W 700 N, Salt Lake City, 84116  Salt Lake City/County Health 610 S 200 E Salt Lake City, 84111 2001 S State St Salt Lake City, 84190	(435) 752-3730 (801) 451-3310 (435) 896-5451 (801) 451-3310 (801) 963-7335 (801) 451-3310 (801) 322-0502 (801) 468-2750
Bear River District Health 655 E 1300 N Logan, 84321 Bountiful Clinic 1650 S Main #109B Bountiful, 84010 Central Utah Health Dept 70 Westview Dr. Richfield, 84701 Davis County Health Dept Courthouse Annex: 50 State St Farmington, 84025 Ellis Shipp Public Health Clinic 4535 S 5600 W West Valley City, 84120 Layton Clinic 360 S Fort Lane Layton, 84041 Rose Park 1625 W 700 N, Salt Lake City, 84116 Salt Lake City/County Health 610 S 200 E Salt Lake City, 84111	(435) 752-3730 (801) 451-3310 (435) 896-5451 (801) 451-3310 (801) 963-7335 (801) 451-3310 (801) 322-0502 (801) 468-2750 (801) 468-2800

South Main Public Health
3195 S Main St. Salt Lake City, 84115 (801) 464-8966
Southeastern Utah District Health
28 S 1 <sup>st</sup> E PO Box 800 Price, 84501
Southwest Utah Public Health
168 N 100 E St George, 84770
Summit City/County Health
85 N 50 E PO Box 128 Coalville, 84017 (Ext 3222)(435) 336-4451
Tooele County Health
151 North Main Tooele, 84074
TriCounty Health
147 E Main St. Vernal, 84078
Utah City/County Health
589 S State St Provo, 84606
805 W 100 S PO Box 246 Heber, 84032
Weber/ Morgan District Health
2233 Grant Ave Ogden, 84401 (801) 399-6150
Weber/ Morgan District Health
2570 Grant Ave. Ogden, 84401 (801) 399-8433
West Jordan
1740 W 7800 S Salt Lake City, 84084
Lung Association
1930 S 1100 E Salt Lake City, 84106
Toll Free Dial '1' & Then (800) LUNG-USA
Make a Wish Foundation
2091 E 4800 S, STE 15, Salt Lake City, 84117
Toll Free Dial '1' & Then
March of Dimes
515 E 4500 S , Murray, 84107
Toll Free Dial '1' & Then
Medicaid Information Line (801) 538-6155
Toll Free Dial '1' & Then
Medicare Information
Toll Free Dial '1' & Then
Medicare Claims Information
Medicare A-Hospitals
Medicare B-Physicians
Toll Free Dial '1' & Then

#### **Mental Health Centers** Bear River Mental Health Central Utah Mental Health Counties-Puite, Sevier, Juab, Wayne, Millard, Sanpete Davis Mental Health Four Corners Mental Health Counties-Carbon, Emery, Grand ............................... (435) 637-2358 Heber Counseling Center Northeastern Counseling Center Counties- Duchesne, Uintah, Daggett ......................... (435) 789-6300 San Juan Mental Health Southwest Mental Health Counties-Beaver, Garfield, Iron, Kane, Washington Valley Mental Health Wasatch Mental Health Weber Mental Health For counties not listed call Medicaid Information ..... (801) 538-6155 **PCN** (Primary Care Network) **PickMeUp Pregnancy Risk Line** ......(800) 822-BABY **Restriction Program**

RHC (Rural Health Centers) (income based fees)
Beaver Medical Clinic
1059 N 100 <sup>th</sup> W, Beaver 84713
Blanding Medical Center Emergency & Birthing Services
930 N 400 W, Blanding 84511
Bryce Valley Clinic
10 W Center, Centerville 84718
Circleville Clinic
145 W Main, Circleville 84723
Coalville Health Center
82 N 50 E, Coalville 84017
Duchesne Valley Medical Center
50 E 200 S Duchesne, 84021
Emery Medical Center
90 W Main, Castledale 84513 (435) 381-2305
Garfield Memorial Clinic
224 N 400 E, Panguitch 84759 (435) 676-8842
Hurricane Family Practice Clinic
90 S 700 W, Hurricane 84737 (435) 635-4485
Kamas Health Center
151 W 200 S, Kamas 84036 (435) 783-4385
Kazan Ivan W Memorial Clinic
65 N Center, Escalante 84726(435) 826-4374
Milford Valley Clinic
451 N Main, Milford 84751
Monument Valley Health
P.O. Box 360-05, Monument 84536
Mountain Utah Family Medicine
850 N Main, Richfield 84701
For more locations call the Medicaid Information Line
Toll Free Dial '1' & Then
Ronald McDonald House
935 E South Temple, Salt Lake City, 84102
Salt Lake County Division of Substance Abuse
2001 S State Suite S2300 Salt Lake City, 84190 (801) 468-2009
Shriners Hospital  Fairford Board at Vincinia Street Salt Lake City, 94102  (801) 526 2500
Fairfax Road at Virginia Street Salt Lake City, 84103 (801) 536-3500

Social Security Administration
202 W 400 S Salt Lake City,84101
Toll Free Dial '1' & Then
TriCounty Children's Dental Clinic
198 W 200 N Vernal, 84078 (435) 781-0875
Tobacco Quit Line
Toll Free Dial '1' & Then
Utah Aids Foundation
1408 S 1100 E Salt Lake City, 84105 (801) 487-2323
Toll Free Dial '1' & Then
<b>Utah Issues</b> (800) 331-5627
Utah Legal Services
205 N 400 W, Salt Lake City, 84013
Utah Assistive Technology Foundation
6835 Old Main Hill, Logan, 84322-6835
Toll Free Dial '1' & Then
Veterans Affairs Medical Center
500 Foothill Drive, Salt Lake City, 84148 (801) 582-1565
Toll Free Dial '1' & Then
WIC (Women, Infants, and Children)
288 N 1460 W Salt Lake City, 84114 (801) 538-6960
Toll Free Dial '1' & Then
Workforce Services
General Information